

ENRICHMENT CLUBS

21st September – 23rd October

3.30pm to 4.30pm

MON

- Origami Club (Y3-Y4) – Miss Brown (book on Arbor)
- Reading & Drawing Club (R-Y3) with Mrs Taylor (book on Arbor)
- Multisports Club (Y5-Y6) with Mrs Dean (book on Arbor)

TUE

- Mindfulness Club (Y1-Y3) with Miss Boyden (book on Arbor)
- Quiz Club (Y3-Y5) with Mrs Postins (book on Arbor)
- Multisports Club (R-Y2) with Clubs Complete (book on Clubs Complete)

WED

- XHAIL KIDS (Y3-Y6) with Emma Snape – External Provider (book on Arbor)
- Arts & Crafts (R-Y2) with Clubs Complete (book on Clubs Complete)

THU

- Art Club (Y1-Y3) with Miss Sandford (book on Arbor)
- Fun & Games Club (R) with Clubs Complete (book on Clubs Complete)

FRI

- Music Club (Y4-Y6) with Rock It Music – External Provider (book on Arbor)

Fees & Booking

Arbor Clubs: £6.00 per session | Clubs Complete: £6.70 per session

School run clubs can be booked on Arbor under Clubs

Clubs Complete Clubs can be booked via their website (see attached)

Important Information Regarding Tax-Free Childcare

Unfortunately after-school enrichment clubs cannot be paid for using Tax-Free Childcare vouchers (or similar schemes). This is because enrichment activities are not classified as registered childcare under current government guidance. Tax-Free Childcare can only be used for childcare provided by registered providers, such as wraparound care or holiday clubs that meet Ofsted registration requirements.



Our **X-HAIL KIDS** sessions make relaxation, meditation and mindfulness easy for children to practise because the vast majority of **X-HAIL** techniques do not require controlled concentration and children can practise them without having to sit perfectly still or in silence.

How do X-HAIL KIDS sessions nurture your child's developing mind?

Our sessions cover activities that are taken from **X-HAIL's ABCs of Mindfulness and Meditation: Attention; Balance and Compassion.**

ATTENTION: Attention activities teach children to learn to pause, relax and quiet the mind, so that they can tune into signals that their bodies send them when they are stressed, are experiencing anxiety or anger etc. In this way, they are able to slow down and rest or seek support before those emotions take over.

BALANCE: Balancing activities teach children how to return to a state of calm regardless of their external circumstances and allow them to hear themselves above the noise of a very busy world.

COMPASSION: These activities focus on developing a sense of connection to ourselves, self-love and self-respect, as without this it is difficult for us to engage in truly healthy relationships e.g. if you don't understand your own needs and values how you can expect friends to respect them. This is like putting on your own oxygen mask before helping anyone else on an aircraft or as Thich Nhat Hanh writes, 'If we do not know how to take care of ourselves and to love ourselves, we cannot take care of the other people we love.'

After school club starting in the Autumn Term at your child's school.

Dear Parent/Carer,

We are thrilled to announce that we are going to be offering after school clubs at Veritas Primary Academy from **Tuesday 22nd September**. We provide excellent extracurricular services in many Primary Schools throughout the UK and have an enthusiastic team of staff that are trained on safeguarding and prevent duty and we will always have a paediatric first aider on site.

Please note that all bookings are now LIVE!

After school "Activity" club:

3:30 - 4.30pm Tuesday, Wednesday and Thursday £6.70 per session

Tuesday: MultiSports (Reception - Year 2)

Wednesday: Arts & Crafts (Reception - Year 2)

Thursday: Fun & Games (Reception - Year 2)

For parents wishing to pay with debit or credit card:

Bookings are now live - you are able to book and reserve your space. Note that sessions are payable at the time of booking therefore please only book what you are able to make payment for.

All services have limited spaces available and are payable upfront by parents via our website

Our terms:

- Once you have made a booking you can amend or cancel this booking within 24 hours at which point a credit for the session will be automatically made to your account. Outside the 24 hours, it is not possible to receive a refund.
- Time limits for bookings: You are able to book any clubs of your choice up to three hours before the club commences. At the cut-off point of three hours before any club starts, the website will automatically prohibit you from booking the club so that we can cater for the amount of children in the club - if it is an emergency, and you require the childcare, you may call the office to see if there are remaining spaces available but a £5 administration fee will be charged for your booking for our staff member to make the last-minute booking for you as it is quite a lengthy process to log in and override the system.
- Your account - if you do not make the bookings via your online account and prefer to call our office, we are able to take the booking, but all transactions are subject to a £5 administration charge.
- If you have a change in circumstances or your child is poorly, we ask that you log into your account and cancel their space, so our staff know not to expect them - this is part of our safeguarding policy to ensure we know the whereabouts of your child. Unfortunately, you will not receive a credit or refund in this circumstance as we have to allocate staff, purchase food and equipment ahead of the day arriving, so our costs have already been made.

Please note that from a safeguarding perspective, we are not covered to accept children who have not been booked onto a session. Therefore, please book your child/ren on online, in advance. If your child arrives at a session when no one else is on school site, we will accept them - however, you will be charged an additional £5 admin fee for our office team to invoice you. If the school reception is still open and your child is not on the register, we will ask them to call you to collect.



Please note - All accounts need a minimum of 4 assigned guardians.

All ClubsComplete staff members are DBS checked, qualified and experienced working with children and have undertaken safeguarding children training.

To book, please click

[Veritas Primary Academy - ClubsComplete](#)

Please note our offices are open Monday to Friday 9am-5pm if you would like to give us a call regarding our services. To contact our staff on site after these hours when your child is in the club, please call the setting phone - information to follow.

Kind regards,

ClubsComplete Ltd

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